



Domestic Violence Local Help and Resources

Rockford Police Department Domestic Violence Unit

Monday – Friday, 8:00 a.m. – 5:00 p.m.

779-500-6636

What is Domestic Violence?

Domestic violence occurs when a person uses physical, sexual, psychological or financial abuse, threats, intimidation or harassment to control another person in a family, dating, household, or

Am I experiencing Domestic Violence?

- Does the person you love restrain, push, punch, kick or hit you?
- Has the person you love choked you or forced you to have sex when you don't want to?
- Does the person you love threaten to harm you, your children, family members, or pet?

If your answer is yes to any of these questions, it means you are experiencing domestic violence.

Report domestic violence or abuse to the law enforcement agency in your area.

Contact a domestic violence hotline or service provider if you would like to discuss how to safely exit your relationship.

What should I do if I am a victim of domestic violence or abuse?

Report the crime to the police immediately. A police officer will investigate your complaint, complete a police report and may arrest your abuser. If the police are unable to arrest your abuser at the time of your complaint the report will be forwarded to the Domestic Violence Unit for follow-up investigation and possible arrest at a later date. Contact the Domestic Violence Unit at 779-500-6636 for further assistance.

Orders of Protection

What is an Order of Protection?

- It is a court order obtained by one person seeking protection from another. It may provide various remedies or relief for the one seeking protection.

Do I qualify for an Order of Protection?

- You qualify for an Order of Protection if the person you are seeking protection against is a family or household member. This includes those who are;
 - related by blood or by current or former marriage,
 - share or have shared a common home,
 - have or allegedly have a child in common,
 - are in or have been in a dating relationship (regardless of sexual orientation),
 - are high-risk adults with disabilities abused by a family member or a caregiver.

To file for an Order of Protection go to illinoisprotectionorder.org or contact one of the following:

- Winnebago County Domestic Violence Assistance Center located within the Winnebago County Courthouse: (815) 516-2440
- Family Peace Center: (779) 348-7600
- Remedies Renewing Lives: (815) 962-6102

I have an Order of Protection against someone. What should I do if they violate the Order?

- Report the incident to the police immediately. If the police locate the violator, they will most likely arrest and charge them with Violation of an Order of Protection. Keep a copy of the Order of Protection in a safe place and show it to the police.
 - Rockford Police Department Non-Emergency: (815)966-2900
 - In the event of an Emergency, dial 911

Emergency Safety Plan

- If you feel that you may be in immediate danger because of another individual, you may want to create a safety plan. Safety plans can help to increase safety by preparing for the possibility of violence. Some ways you may wish to prepare for this include: having a bag packed ahead of time and keeping it with someone you trust, keeping a set of car and house keys in a secure location, keeping important documents and items such as credit cards, birth certificates, and social security cards somewhere that you can easily access.
- If you wish to discuss safety planning further, please contact a local domestic violence provider and ask to speak to an advocate.

Domestic Violence Resources

- Winnebago County Domestic Violence Assistance Center located within the Winnebago County Courthouse: (815) 516-2440
- Family Peace Center: (779) 348-7600
- Remedies Renewing Lives: (815) 962-6102
- State's Attorney Victim Service Providers: (815) 319-4700
- Rockford Sexual Assault Counseling (RSAC): (815) 636-9811
- Children's Safe Harbor: (815) 316-7772