FREE SUMMER MEALS FOR KIDS AND TEENS

The Community Action Agency of Winnebago and Boone Counties is pleased to announce that the Summer Food Service Program will be back again this year, helping to keep our area kids healthy and nourished so they can return to school in the fall ready to learn.

Kids and teens 18 years old and under can get free meals at supervised sites such as parks, churches, playgrounds, and community centers throughout Winnebago and Boone Counties. Depending on the site, a lunch, dinner, or snack will be provided. Meals consist of fruits, vegetables, grains, protein, and milk. Some sites also provide activities such as arts and crafts, outdoor activities, board games, reading time, and more.

Unfortunately, only 4 in 10 of the eligible kids in our community who rely on school meals actually participate in the Summer Food Service Program. Please spread the word to help us power up our kids for a happy and healthy summer!

To find a site in Illinois, families can text “FoodIL” to 877877 or they can visit SummermealsIllinois.org or call 1-800-359-2163. Parents can also check the Summer Food Site list below to identify a neighborhood site where food is available to their children. Site lists are available at https://rockfordil.gov/city-departments/human-services/community-services/

The Federal Summer Food Service Program is funded through the United States Department of Agriculture (USDA) and administered by the Illinois State Board of Education. The meals are provided by Lifescape Community Services of Rockford.

(list attached)
Residents can contact the participating sites for their individual program details and lunch/snack schedule.

**Rockford**
8th Avenue Strong Neighborhood House, 908 8th Ave.
Alpine Hills Park, 4402 Larson Ave.
Beattie Playground, 1221 Rural St.
Blackhawk Boys and Girls Club 330 15th Ave.
Bloom Playground, 2901 Pelham Rd.
Booker Washington Center, 524 Kent St.
Community Kids Zone at East High School, 2929 Charles St.
Elliot Playground, 988 S. Lyford Rd.
Fairgrounds Valley Playground, 1015 W. Jefferson St.
First Evangelical Covenant Church, 316 Wood Rd.
Harkins Pool, 910 Acorn St.
Harmon Park, 1928 East Gate Parkway
Highland Park, 3011 Rural St.
House of Grace, 518 N. Court St.
Irving Avenue Strong Neighborhood House, 312 Irving Ave.
Ken-Rock Community Center, 3218 – 11th St.
Keye-Mallquist Park, 1702 – 11th St.
Lewis Lemon/Rockford Park District, 1993 Mulberry St.
Northwest Community Center, 1325 N. Johnston Ave.
Patriots’ Gateway Community Center, 615 S. 5th St.
Ridge Park, 3317 Ridge Ave.
Riverview Ice House, 324 N. Madison St.
Rock House Kids, 1325 7th St.
Rockton Centre Library, 3112 Rockton Ave.
St. Elizabeth Community Center, 1536 S. Main St.
Sabrooke Park, 2900 Kishwaukee St.
Salvation Army, 210 Kilburn Ave.
Sawyer Playground, 2249 Sawyer Rd.
Washington Park Recreation Center, 3617 Delaware St.
Winn Rock Camp, 5050 E. State St.
YMCA (ID Pennock), 200 Y Blvd.
YMCA (Camp Winnebago), 5804 N. Main St.
YMCA Swedish American Riverfront 200 Y Blvd. (evening site)

**Loves Park**
Carlson Ice Arena, 4150 N. Perryville Rd
Wantz Park, 600 Clifford Ave.
YMCA Northeast Branch, 8451 Orth Rd.

**Boone County**
Boone County Health Dept., 1204 Logan Ave., Belvidere
Capron Lions Club, 305 E. North St., Capron
Immanuel Lutheran 1045 Belvidere Rd., Belvidere

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